



RELAY
100

100 PEOPLE
100+ CHURCHES
450 MILES
WALK, RUN, CYCLE

FREQUENTLY ASKED QUESTIONS

Q	Can I choose when I do my walk/run or cycle?
A	Yes – you can choose any date that suits you between now and 31 st August 2022. However, our aim is to deliver this during May and June to avoid the heat of summer.

Q	Can I ride a bicycle to complete a leg?
A	Yes, of course! You may walk, jog, or cycle but make sure you choose a safe route to travel.

Q	Can I change the date I do my 'leg', for instance if the weather looks inclement?
A	You can postpone or reschedule your leg to make sure you can complete it as safely as possible. Just let us know so we can share your journey at the right time and make sure you notify the parish/es if you have been in touch with them or asked them to put a notice in the newsletter.

Q	I would like to take part but the leg I want to do is too far to walk. Can I still take part?
A	Yes, of course! Simply contact Damian to discuss how we can alter the walk to suit you.

Q	I would like to walk more than one leg. Is that allowed?
A	Yes of course! You are welcome to walk more than one leg and you can complete different legs at different times and on different days.

Q	Can I organise a group of people to walk a leg?
A	Yes, but please follow government guidelines in place at the time to keep people safe. As long as social distancing restrictions are in place, we recommend only walking as an individual, a couple or in a family 'bubble'.

Q	How can I collect donations from my friends and family?
A	<p>Your sponsors can give you donations in cash or by cheque, they can use our Relay 100 fundraising page https://www.justgiving.com/fundraising/relay100 or transfer directly into our bank account:</p> <p>Account Name: Brentwood Catholic Childrens Society</p> <p>Account Number: 31094130</p> <p>Sort Code: 40 13 22</p> <p>Please ask your sponsors to reference their donation 'Relay 100' along with your name.</p>

Q	How can I promote my leg beyond my friends and family?
A	You can promote your leg by asking the parishes on your route to put a notice in their weekly newsletter to parishioners.

Q	I want to complete a leg but someone has already completed it. What can I do?
A	Any and all support is most welcome – legs can be completed more than once but please talk to Damian to see if there is an outstanding leg close by which you could complete.

Q	Do I have to follow a specific route on a leg?
A	No. You may have local knowledge that would benefit your effort and it is up to you to devise a safe route from your starting to your finish point.

Q	The roads between two churches are narrow with no footpath. What shall I do?
A	We do not want anyone to take risks on the road. If you would like to cover the equivalent mileage by walking or cycling a safer route such as around a local area instead, then please do. We would be happy to discuss this type of option with you.

If you have any further question or would like more information, please
contact Damian Dillon

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