

TRAINING MENU

September 2020 - October Half-Term 2020

To simplify things in what will be a half-term of transition for all schools, we are proposing a reduced menu of training options for this period. It is assumed that these will be delivered face to face but Zoom options may be available:

Supporting Children Back into the School Setting - £100 per hour

A workshop for staff to enable them to think around the issues that may be facing children on their return to school after such a long period away. This will include the opportunity to discuss trauma, bereavement and anxiety. A one hour presentation with a half hour at the end for staff to ask questions and talk to each other.

Process Group for Staff - £100 per hour

A confidential group setting to enable staff to talk about their own experiences of lockdown and explore how they will manage this alongside trying to manage the anxieties of their pupils. Time and group size will be advised on application.

Anxiety Process Group for Pupils - £100 per hour

Aimed particularly at Year 7 and 12 pupils who may have missed inductions and exam periods. A chance for small groups of children to come together to talk about their experiences in a facilitated and containing environment.

Parent Process Group - £100 per hour

For many parents, the summer term 2020 will have been very challenging. This workshop provides an opportunity for parents to get together to discuss this and how best to support their child/ren back into school. This workshop may be best suited to an on-line platform such as Zoom.

Mindfulness for School Staff - £450 for 1.5 hours

An introductory workshop to facilitate staff well-being with emphasis given to the particular stresses that are faced by school staff during and post-pandemic.

Staff Supervision - £70 for 1 hour

A chance for school staff to talk to a trained therapist and supervisor about work-related issues. There is an expectation that, during this difficult period, personal issues may well be impacting the capacity to work and these can also be explored.

For further information on any training requirements you may have please contact:

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