

BCCS is a registered children's charity delivering vital mental health and emotional wellbeing services across Essex & East London. We provide support to children, staff & parents in 90 schools, and at our specialist therapy centre here in Billericay High Street.

Belonging encourages a sense of connection - the Billericay community welcomes an accepting, respectful, inclusive environment.

**When complete & coloured - drop your bear to:**

**BCCS**

**133 High Street, Billericay**

***(Opposite Waitrose)***

Name: .....

Parent/Carer Name: .....

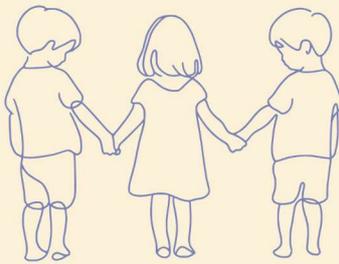
Contact Number: .....

I am happy for BCCS to share a picture of my bear online  
(no personal details will be published)

***Turn over for map & instructions***



# Children's Mental Health Week

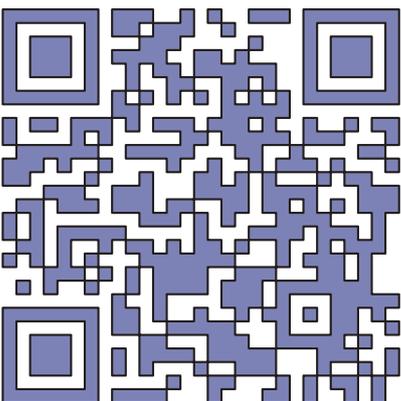


09th-15th  
February

*This is my place*

1. Follow the map of Billericay to collect your puzzle pieces
2. Cut them out to complete the puzzle on this activity sheet & then get creative and colour in our BCCS bear
3. Drop your bear to BCCS for your chance to win our prize hamper

*Did you know...  
colouring has a  
calming effect*



## Parents & Carers

You can help to support BCCS by taking part in our raffle to win fantastic prizes generously donated by Billericay businesses

*Scan here to enter*