

Interview with a bccs Challenger



During the lockdown period, we called upon our community to get involved in various challenges and initiatives to help us re-coup some of our fundraising shortfall.

*Donna, a member of our professional team took up the **2.6 challenge** and tells us why:*

What prompted you to take part in the 2.6 challenge?

I was on furlough and really wanted to continue supporting **bccs** in some way. I saw the **bccs** post on Facebook about the 2.6 challenge and thought – I can help with this! I knew a lot of the planned fundraising events had to be cancelled, so the 2.6 challenge was a great way to fundraise and support **bccs** from home.

How much did you initially plan to raise?

I put £100 as my target amount to raise but I did not think for a second that I would raise £918! I was overwhelmed by the support I received from friends and family and thank them all for getting behind my challenge.

What did the challenge involve?

The 2.6 challenge was devised in place of the London Marathon and called for people to challenge themselves around the numbers 2 and 6. I chose to do either 26 repetitions or 2 minutes and 6 seconds of an exercise. I completed one challenge per day for a week leading up to Sunday 26th April (the day the London marathon should have taken place). For my final 'big' challenge, I completed a circuit of 10 repetitions of 26 different exercises in my garden.

What did your family think?

My family were very supportive and patient, especially as I spent a lot of time talking to them about what challenges I could do. I also got them involved in the challenges; my children took part in a '26 Fortnite dance moves' challenge and I held my dog Elvis while I did 26 squats. My husband was the camera man for most of my challenges.

How did you feel when the challenge ended?

I was tired and relieved when the challenge was over but mostly I was so grateful for the generosity of family, friends, neighbours, work colleagues and everyone else who sponsored me. I was really proud that people had chosen to support not just me, but the work of **bccs** too, especially as the uncertainty caused by Covid-19 has seen a huge rise in the number of requests for our services.

We would like to thank Donna – the first of our virtual challengers – her family and all her sponsors for their support of her 2.6 challenge.